

Kidzu is bringing Messy Morning to you!

### Make Your Own Playdough

Make it together and then spend days playing with it. Kept in an airtight container it lasts practically FOREVER!

#### Materials:

2.5 cups flour  
2.5 cups water  
1 ¼ cups salt  
1.5 TBS cream of tartar  
5 TBS vegetable oil  
Food coloring

- 1 - Mix everything but the food coloring together in a large pot until somewhat smooth. It will be lumpy. Not to worry, the dough will get smoother as it cooks.
- 2 - Cook the dough over a low heat. Mix frequently. The water will slowly cook out of the mixture and you'll notice it starts to take on a sticky dough appearance. Keep mixing until the edges of the dough along the side and bottom of the pan appear dry. Pinch a piece of dough. If it's not gooey, the dough is ready.
- 3 - Place the dough on a countertop or large cutting board that can withstand a little food coloring.
- 4 - Knead the warm dough until it's smooth and then divide it into the number of colors that you'd like to make. I divided mine into four balls, flattened each of them, added a little bit of food coloring or [liquid watercolors](#), and then kneaded it in.
- 5 - Play with the dough right away or store it in a large Ziplock bag or sealed container. Unused, it'll keep for months.

Now that you have made it, what do you do with it? For extra sensory fun, mix in spice for scent or glitter for sparkle. Get creative with tools – use cookie cutters, popsicle sticks, toothpicks, potato mashers, dull knives, muffin tins, cookie sheets



\*\*Playdough is a great way to teach scissor cutting to young children. Roll out “worms” and cut them with safety scissors. It helps with proper holding and technique!\*\*

Adapted from <https://tinkerlab.com/rainbow-play-dough/>