

Kidzu is bringing Messy Morning to you!

Make some homemade paints with kitchen supplies!

Materials:

½ cup of flour
½ cup of salt
¾ cup of water
Food coloring
Sandwich bags
Squeeze bottles (optional)

1 - Set your space: Cover your workstation!

2 - Dress for a Mess: Put on a smock or one of Dad's old undershirts or just something you don't mind getting messy.

3 - Mix the flour, salt, and water together in a bowl! Mix until it is smooth.

4 - Divide the mixture into three sandwich bags and add the food coloring to each bag. Take this time to show your little ones all the different color combinations there are!

5 - Squish the bags until the paint is all well blended. Cut the corner of the bag and squeeze directly onto paper or put it into the squeeze bottles to use! Paint a beautiful masterpiece with your new homemade paint.



Adapted from <https://tinkerlab.com/salt-and-flour-paint/>